

CHANTILLY
FOOTBALL
2017

Reminders...

ChantillySports.org

- The best source of communication
- All families should create an account to receive blasts.
 - Follow Varsity and, if applicable, Junior Varsity or Freshman
 - **PLAYERS** should create accounts as well
 - Self-Advocacy and Responsibility are paramount to success

Reminders...

- In addition to ChantillySports.org, you can sign up for text and email alerts via GoMaxone.com
 - Invite Code: [tillyfootball](http://tillyfootball.com)
 - (invite code is all lower case)
- Email: TheTillyfootball@gmail.com
- Twitter
 - Follow us [@TillyFootball](https://twitter.com/TillyFootball)
 - Follow us [@TheCoachCurry](https://twitter.com/TheCoachCurry)
- *ChantillySports.org is the BEST source of info*

**THANK
YOU!**

Thank You!

- For coming out this evening
- For supporting your athlete and our program
- For registering for camps

Agenda

- Mission Statement
- Values
- Expectations
- Philosophies
- Volunteer Opportunities
- Recruiting
- Schedule

Mission Statement:

Through football, athletes will develop physical and mental skills that will *empower* them to be successful on and off the field. Athletes will learn *selflessness*, develop *discipline*, build *confidence* and foster *toughness*.

Commitment:

Commitment can be painful. It is in adversity that commitment finds meaning and power. Choose your commitments; anticipate difficult times; prepare to sacrifice; see it through. *If it was easy, everyone would do it.*

Effort:

Effort is not an inherent ability. It is a state of mind, a decision. *It is a choice to give effort.* It is a tenacious desire to relentlessly and passionately pursue your personal best.

Toughness:

Toughness is the ability to consistently perform at *your* very best regardless of circumstance.

Discipline:

Do what you're *supposed* to do, when you're *supposed* to do it, exactly as it is to be done.

Pride:

It is engrained in our DNA to simply survive, to get by. It takes pride to go beyond average, beyond “good enough”.

How good do you want to be?

Don't *talk* about it; *be* about it.

The Team Rule:

Do right.

Family Expectations:

You can expect:

- Respect.
- Commitment from coaches.
- Support for players and families.
- Clear expectations and communication.
- An opportunity to be heard:
 - Questionnaires will be uploaded to Chantillysports.org

Family Expectations:

You can expect:

- Change...
 - Superficial yet tangible: locker room assignments, practice jerseys, game day shirts, Homecoming Jerseys, etc.
 - Logistical: meals, practice structure, etc.
 - Schematic: Xs and Os, communication, etc.

Program Expectations:

We expect:

- Respect.
- Commitment from players and families.
- Support from players and families.
 - Volunteerism
 - Support our mission and decisions
- The benefit of the doubt.

Program Philosophy:

Positive Coaching Alliance

“Double-Goal Coach”:

- Teach *life lessons* through sport
- Prepare athletes for competition and to WIN

“Triple-Impact Athlete”:

- Makes self, teammates and the game better

“Second-Goal Parent”:

- Concentrates on character development; lets athletes and coaches focus on the first goal of winning.

Program Philosophy:

Positive Coaching Alliance

- ELM
 - Effort
 - Learning and Improvement
 - bounce back from Mistakes
- Win or Learn
- Control what you can
 - Focus on the little things and big things take care of themselves

Program Philosophy:

1. We strive to care for each player as though they are family.
2. We may coach loudly and excitedly.
3. Football is a loud, tough, disciplined and emotional game; we coach it that way.
4. Schematically, we believe, teach, and stress our staff's priorities.
5. We evaluate every aspect of a player 24/7.
6. We require our athlete's undivided attention while teaching him.
7. The team will always come before an individual.

Program Philosophy:

8. We may require more discipline of your athlete than anyone else expects of him.
9. We don't play athletes to make them happy. Athletes play because they have earned the opportunity to play. They play because they are the best player for the job. They play because they will help the team succeed.
10. Players are neither rewarded nor punished because of their parents.
11. Players will play positions that help the team succeed.
12. Players who commit to the program earn the opportunity to win a position; however, the best player will play.
13. Emphasis will always be on the team first.
14. We expect players to advocate for themselves before we speak with a parent.
15. It is always better to be simple and win than complex and lose!

Communication and Hierarchy:

Communication regarding concerns reflects our desire to help athletes mature into young adults:

1. Player should speak with position coach
2. Player should speak with his level head coach (Freshman, JV, Varsity)
3. Parent contacts level head coach via email
4. Parent contacts Coach Curry via email
5. Parent sets up appointment for meeting

Communication:

“24 Hour Rule”

- Please, do not approach *any* coach immediately following a practice or game to voice frustration, etc.
- Please, allow the emotion of the situation to cool prior to communicating.

“36 Hour Rule”

- Please allow us 36 hours to respond to email

Communication:

- We will not discuss playing time.
- We will not discuss athletes other than your own.
- As mentioned earlier, we are constantly evaluating players. If you would like feedback regarding development and areas or strengths/weaknesses, we will gladly share our assessment.
- Football is a popular game and many people are knowledgeable, however, we are the stewards of Chantilly football and will handle the Xs/Os

Levels of Play

Developmental teams share a common goal...

LEARN AND RETURN!

Freshman and Junior Varsity teams are “developing” skills to eventually contribute at the Varsity level.

Levels of Play

Developmental Goals

Freshman team:

- Acclimates athletes to high school socially and athletically
- Learn basics of the game and basics of our schemes
- Adjust to football without weight classes

Junior Varsity:

- Emphasis shifts toward greater competitiveness
- Scheme becomes more sophisticated
- Developing to “Friday Night” contributors

Levels of Play

Varsity Goals:

- Win every game.

Player Responsibilities

Off/Pre-Season

- Attend camps and workouts
- Commit to making Chantilly a winning program

In-Season

- Represent family and program well
- Attend all classes on time, every day
- LOCK all belongings personal and program issued
 - YOU ARE RESPONSIBLE for securing items.

Player Responsibilities

Health

- Players must learn the difference between pain and injury.
 - Athletes in most sports will be uncomfortable during the season, football players will feel even more beat up. There is a significant difference between feeling pain and being injured.
 - Fortunately, we have a full-time sports medicine specialist on staff in our Certified Athletic Trainers, Ms. Bishop and Mr. Boss.
- See ATC with any injury concerns *as soon* as they arise
- See ATC *before* going to an outside doctor

Safety

Safety is our top priority

- We practice safe tackling practices every day during August and multiple times during the week.
- We follow USA Football's Heads Up Tackling Protocol

Recruiting Process

Some basic information

- Academics matter beginning with 9th Grade
- Colleges inform us who they are interested in: we make suggestions; they make decisions
- Prospect Camps, often referred to as “One Day” camps are the best way to get recruited by a particular school
- Unaffiliated combines, 7v7 Leagues, showcases, etc. are of *little-to-no* interest to colleges of any level

Recruiting Process

What should an athlete do?

- Make yourself “recruitable”!
 - Earn good grades (SAT/ACT, GPA)
 - Have “good tape”
 - Lift weights
 - Listen to us!
- Complete the form that will be uploaded on ChantillySports.org

Summer Calendar

See ChantillySports.org for Google Calendar

- Sign-Up for Camps!
- Strength and Conditioning will run Monday/Tuesday/Wednesday/Thursday beginning at 9 am unless we have a camp
- Practice Begins August 1
 - Yes, we will conduct Two-a-days
 - Yes, we will practice on Saturday

Equipment and Spirit Pack

- The spirit pack will be run through an “online store.”
- File will be uploaded under “Team Files” tab on site that includes everything you need to know

Dress Code

Rationale

There are multiple reasons for our “dress code” policy, but **preventing fun is not one of them.** We appreciate every athlete as an individual, but we will prohibit attempts to put oneself before the team; that includes modifying one’s appearance/uniform. Football is a game of precision, calculation, and uniformity. It requires eleven athletes to be in unison at all times. ***Dressing as a team is a small step to playing as a team.***

Additionally, less is often more. We want to limit the variables an athlete must worry about during a game.

Thank You for Coming tonight!

Please do not hesitate to contact us with
questions or concerns!

TheTillyFootball@gmail.com